

# Valley Health Lab Services

We are pleased to announce discounted rates at the **Community Wellness Festival** from 7:30 A.M. – 12:00 P.M. on Saturday, February 24 at Apple Blossom Mall. Vouchers will be available if you prefer to have the specimen collected on a different date. Vouchers can also be purchased at any Valley Health Lab Services Patient Service Center. Visit [valleyhealthlink.com/labservices](http://valleyhealthlink.com/labservices) for locations. Vouchers will be redeemable until April 1, 2024.

## We will be offering the following blood tests at discounted rates:

- **Community (General) Wellness Panel** **\$25**  
Complete Blood Count (CBC), Comprehensive Metabolic Chemistry Panel (CMP), Lipid Profile, and Thyroid Stimulating Hormone (TSH) – *see back for test descriptions*
- **Prostatic Specific Antigen (PSA)** **\$5**  
Measures the level of prostate specific antigen, a protein produced by the cells of the prostate gland. This test has been approved to detect prostate cancer and other abnormalities in males.
- **Vitamin D** **\$15**  
Determines the level of vitamin D. Low levels of vitamin D can result in a decrease in bone density and muscle weakness.
- **Hemoglobin A1C (HgbA1C)** **\$5**  
Determines the average blood glucose levels over the past two to three months and used to diagnose diabetes and to monitor diabetic patients.
- **Vitamin B12 and Folate** **\$10**  
Determines the levels of vitamin B12 and folate. Used to evaluate nutritional status and to diagnose one cause of anemia or neuropathy.
- **Varicella** **\$10**  
Used to determine immunity to Chicken Pox.



*Healthier, together.*

## **Descriptions**

**CBC** – A complete blood count (CBC) gives important information about the kinds and numbers of cells in the blood, especially red blood cell, white blood cells, and platelets. A CBC helps your doctor check symptoms such as weakness, fatigue, or bruising, you may have. A CBC also helps him or her diagnose conditions, such as anemia, infection, and many other disorders.

**Comprehensive Metabolic Panel** – A comprehensive metabolic panel is a blood test that measures your sugar (glucose) level, electrolyte and fluid balance, kidney function, and liver function.

**Lipid Profile** – A lipid profile is a series of tests that measures the amount of the different types of cholesterol — low-density lipoproteins (LDL), high-density lipoproteins (HDL) and triglycerides in your blood.

**TSH** – A blood test used to check for thyroid gland problems.

*Please note fasting may be required.*

